



Connected Community
Enhanced Livability
Environmental Sustainability

PROCLAMATION

- WHEREAS, behavioral health is an essential part of one’s overall health and wellness; and
- WHEREAS, prevention of mental and substance use disorders works, treatment is effective, and recovery is possible; and
- WHEREAS, recovery is a process, and people recover in our local area and around the nation; and
- WHEREAS, preventing and overcoming mental and substance use disorders are essential to achieving healthy lifestyles, both physically and emotionally; and
- WHEREAS, an estimated 400,000 people in King County are affected by these conditions; and
- WHEREAS, we must encourage relatives and friends of people with mental and/or substance use disorders to implement preventive measures, recognize the signs of a problem, and guide those in need to appropriate treatment and recovery support services; and
- WHEREAS, we recognize four dimensions of recovery from mental health and substance use disorders: health, home, purpose, and community; and
- WHEREAS, to help more people achieve and sustain recovery, the U.S. Department of Health and Human Services (HHS), the Substance Abuse and Mental Health Services Administration (SAMHSA), the White House Office of National Drug Control Policy (ONDCP), King County, and the City of Redmond invite all Redmond residents to participate in National Recovery Month;

NOW, THEREFORE, I, ANGELA BIRNEY, Mayor of the City of Redmond, Washington, do hereby proclaim September 2021 as

NATIONAL RECOVERY MONTH

in Redmond and call upon our community to observe this month with appropriate programs, activities, and ceremonies to support King County’s Recovery Month theme, “Recovery is for Everyone: Every Person, Every Family, Every Community.”



Angela Birney
Angela Birney, Mayor

September 7, 2021
Date

City Hall
15670 NE 85th Street
PO Box 97010
Redmond, WA
98073-9710