



Memorandum

Date: 8/2/2023
Meeting of: City Council

File No. AM No. 23-113
Type: Consent Item

TO: Members of the City Council
FROM: Mayor Angela Birney
DEPARTMENT DIRECTOR CONTACT(S):

Police	Chief Darrell Lowe	425-556-2521
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DEPARTMENT STAFF:

Police	Brian Coats	Captain
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TITLE:

Approval of a \$32,000 Criminal Justice Training Commission Officer Wellness Grant

OVERVIEW STATEMENT:

The police department is seeking Council's approval to accept grant funding in the amount of \$32,000 to support Officer Wellness.

On May 15, 2023, the Criminal Justice Training Commission (CJTC) announced grant funding available to law enforcement agencies for the purpose of establishing or enhancing officer wellness programs. The police department applied for the grant to assist funding a comprehensive Total Wellness Program for commissioned police officers.

On June 13, 2023, the police department learned it was awarded \$32,000 to fund Nutritionist and Financial Planning Services for its officers. The term of the contract is from July 1, 2023 to June 30, 2024.

☐ **Additional Background Information/Description of Proposal Attached**

REQUESTED ACTION:

☐ **Receive Information** ☐ **Provide Direction** ☒ **Approve**

REQUEST RATIONALE:

- **Relevant Plans/Policies:**
Redmond PD Policy 1033: Wellness Program
- **Required:**
Council approval is required for grant acceptance.
- **Council Request:**
N/A
- **Other Key Facts:**
N/A

OUTCOMES:

The police department is interested in developing a comprehensive Total Wellness Program. It is well documented that first responders experience major health problems due to several factors, including a poor diet, shift work, repeated exposure to stress, and trauma. Through this grant funding, police staff will be provided the opportunity to consult with a registered dietitian to provide nutritional guidance and support.

Financial Wellness is an additional phase of the department's Total Wellness Program. Financial security and fear of impending costs police officers cannot afford leads to stress, impacts officer performance, burnout, and decision-making. Through this grant, officers will have the opportunity to consult with a certified financial planner.

COMMUNITY/STAKEHOLDER OUTREACH AND INVOLVEMENT:

- **Timeline (previous or planned):**
N/A
- **Outreach Methods and Results:**
N/A
- **Feedback Summary:**
N/A

BUDGET IMPACT:

Total Cost:

No budget impacts.

Approved in current biennial budget: ☐ Yes ☐ No ☒ N/A

Budget Offer Number:

228 Criminal Justice

Budget Priority:

Safe and Resilient

Other budget impacts or additional costs: ☐ Yes ☒ No ☐ N/A

If yes, explain:

N/A

Funding source(s):

General Fund

Budget/Funding Constraints:

N/A

☐ **Additional budget details attached**

COUNCIL REVIEW:

Previous Contact(s)

Date	Meeting	Requested Action
N/A	Item has not been presented to Council	N/A

Proposed Upcoming Contact(s)

Date	Meeting	Requested Action
8/2/2023	Business Meeting	Approve

Time Constraints:

Term of contract is July 1, 2023 to June 30, 2024

ANTICIPATED RESULT IF NOT APPROVED:

The police department will not accept the award and will research other funding sources to support officer wellness.

ATTACHMENTS:

N/A