

Attachment C

2025-2026 Opiate Settlement Funds - Recommendations

Agency - Program	Annual Award
Porchlight - Behavioral Mental Health	\$25,076
Friends of Youth - Mental Health and Substance Use Disorder Services	\$26,000
IKRON of Greater Seattle - Behavioral Health Services	\$43,000
Therapeutic Health Services - Substance Use and Mental Health Treatment Program	\$30,242
Youth Eastside Services - Behavioral Health Care for Children and Youth	\$139,794
Youth Eastside Services - Community-Based Outreach	\$50,278
Youth Eastside Services - Early Childhood Behavioral Health	\$45,158
Youth Eastside Services - Latine Programs	\$40,452
TruNarc Drug Analyzer	\$31,000
Narcan	\$3,000

Agency: Friends of Youth

Program: Mental Health and Substance Use Disorder Services

Annual Award: \$26,000

Abatement Strategy: G11

Program Description: Mental health counseling for children and youth.

Service Units: 92 hours of counseling sessions provided by either a licensed mental health therapist or a certified substance use disorder counselor, including both individual & group sessions.

Outcome: 70% of Clients who engage in three or more therapy sessions increase their stability. Increased stability will be evidenced by the achievement of one personal treatment goal as established in the client's treatment plan.

Agency: IKRON of Greater Seattle

Program: Behavioral Health Services

Annual Award: \$43,000

Abatement Strategies: A2c, A2d, A3, A6, A9, B4, B8, D1c, D3, D5, H1

Program Description: IKRON's integrated behavioral health program provides mental health counseling, substance use counseling, and medication management/psychiatric treatment to low income and homeless individuals in East King County with the ultimate goal of establishing a solid foundation for emotional well-being and successful integration in the community.

Service Units:

- 370 hours of counseling including treatment planning, Individual counseling, family therapy or group therapy. Behavioral health treatment services provided by licensed clinicians.
- 17.5 hours of medical care including all services provided by Psychiatric ARNP: psychiatric evaluation; medication prescribing, and/or monitoring prescribed medications.

Outcomes:

- 70% of individuals served show improvement in a 6-month period by increasing at least 1 point from baseline their treatment goals, on a scale of 0-10 (10 being the most progress).
- 95% of individuals served will show satisfaction with treatment and staffing at 6-month intervals, as measured by the general satisfaction surveys.

Agency: PorchLight

Program: Behavioral Mental Health

Annual Award: \$25,076

Abatement Strategy: C14

Program Description: PorchLight's Behavioral Health Program delivers same-day, on-site mental health and substance abuse services to men in our emergency and rotating shelter programs, as well as our permanent supportive housing programs. All services in

this program are delivered by PorchLight in-house, licensed behavioral health and healthcare providers.

Service Units: 20.5 hours of on-site one-on-one behavioral health support counseling.

Outcome: 60% of clients report progress toward housing stability while receiving PorchLight behavioral health services.

Agency: Therapeutic Health Services

Program: Substance Use and Mental Health Treatment Program

Annual Award: \$30,242

Abatement Strategies: A1, B1

Program Description: Strengths based, culturally appropriate, evidence-based substance use disorder treatment (including medication assisted treatment for opioid addiction), mental health counseling and case management services.

Service Units:

- 105 hours of in-person or virtual individual counseling sessions with a licensed, certified professional counselor.
- 350 hours of in-person or virtual group session including, but not limited to: emotional support, self-esteem building strategies, relapse prevention techniques, social skills and pro-social behavior reinforcement.
- 33.5 hours of case management including comprehensive and wraparound individual treatment involving a combination of personal counseling, liaison and connection with other service providers and advocacy to ensure access to needed essential services.

Outcomes:

- 75% of clients report/demonstrate improvement in substance use disorder or mental health symptoms.
- 75% of clients are able to connect/access needed services and resources to increase self-sufficiency.

Agency: Youth Eastside Services

Program: Behavioral Health Care for Children and Youth

Annual Award: \$139,794

Abatement Strategies: C1, C2, C11, H3, G8, G10, G11

Program Description: Comprehensive program for those ages 8-22, and their families, that intervenes, stabilizes, supports and empowers children/youth/families with the skills needed to improve social emotional well-being and self-regulation.

Service Units: 804 hours of counseling including 1:1 individual counseling sessions with the youth and/or family counseling.

Outcome: 75% of children/youth will gain skills in emotional regulation/functioning, defined as meeting two or more of their treatment plan goals.

Agency: Youth Eastside Services

Program: Community-Based Outreach

Annual Award: \$50,278

Abatement Strategies: G8, G9, G10, G11

Program Description: Provides free counseling and case management to support BIPOC students, including immigrant/refugee youth, in connecting to school and developing leadership skills.

Service Units: 340 hours of outreach including info/referrals, drop-in counseling, group counseling, crisis and case management.

Outcome: 85% of children and youth will improve social/emotional functioning by increasing their protective factors.

Agency: Youth Eastside Services

Program: Early Childhood Behavioral Health

Annual Award: \$45,158

Abatement Strategy: E4

Program Description: Provides early childhood intervention aimed at restructuring the parent-child relationship to support the infant's/child's healthy social, emotional and cognitive development.

Service Units: 164 hours of counseling including three evidence-based interventions: PCIT, PFR & CBT for children and their caregivers.

Outcomes:

- 80% of parents/caregivers engaged in Promoting First Relationships will improve their ability to meet the social and emotional needs of their infant/child as a result of this intervention.
- 80% of parents/caregivers engaged in Parent Child Interaction Therapy will improve parent-child social interactions.

Agency: Youth Eastside Services

Program: Latine Programs

Annual Award: \$40,452

Abatement Strategies: G8, G9, G10, G11

Program Description: Provides culturally relevant youth leadership development activities facilitated by bilingual (Spanish-English)/bicultural staff, including program activities to promote college readiness, student voice & identity, parent engagement, leadership skills, and youth-led community service projects & cultural events.

Service Units: 340 hours of youth services including programs providing youth development services for Latine youth at risk of dropping out of school due to drug use or other factors.

Outcome: 90% of youth will report an increase in developmental assets as a result of this program, defined as reporting an increase in 10 or more of the 40 Developmental Assets identified by the Search Institute.