



Northeast King County Mobile Integrated Health 2022 Year End Report

NEKC MIH strives to meet the county wide goals of all MIH programs:

- Connect community members with health and social services
- Optimize availability of emergency services
- Position EMS as an integrated and interconnected link in the broader health and social services

Here is one story from a citizen the MIH team served:

In March of 2022, a longtime Redmond resident and his service dog were hit by an uninsured driver. The citizen was critically injured and transported to Harborview Medical Center by our Northeast King County (NEKC) paramedics. After a long stay at Harborview, the citizen was discharged home and referred to our MIH program. MIH staff partnered with the Redmond Firefighter Benevolent Fund to assist this citizen in paying for medical expenses secondary to the accident. MIH staff has provided transportation to medical appointments to ensure his full recovery. MIH staff worked with the client to regain confidence by walking with the client and his service dog. One day on a walk, it was apparent the service dog and client were having a difficult time reading the traffic. MIH staff reached out to the city of Redmond Traffic Operations and advocated for the crosswalk to be changed from a visual walk signal to combination signal adding an audible notification to the visual cues. The request was granted and the crosswalk is actively being changed. NEKC MIH works for our citizens to ensure their safety and independence by providing wrap around care with respect and dignity.



STAFFING

MIH is currently staffed with one paramedic working weekdays and 8 firefighter/EMTs intermittent overtime hours to cover community needs. These individuals are trained to work as care coordinators advocating for our citizens to be connected to the most appropriate resource to serve them. MIH has partnered with POCAN for case management services. MIH is a part of THRIVE, a City of Redmond program.

MIH reports to the EMS Division

**1328 TOTAL
INTERACTIONS**

**1055 DIRECT
CLIENT HOURS**

**346 TOTAL
CLIENTS**

REFERRALS:

Your MIH team receives referrals directly from 911 calls, community members, hospitals, police, and THRIVE members. Nearly 45% of referrals are falls



- * Falls- 159
- * Behavior/Drug-56
- * Homeless-8
- * Hospice patient- 7
- * Vulnerable Adults-31
- * Community of Care- 33
- * High Utilizer-24
- * Unmapped-28

TRAINING

OUTREACH

- ESTABLISHED MONTHLY BLOOD PRESSURE CHECKS. 83 TAKEN SINCE 10/2022
- STARTED "LEAVE AT HOME" NARCAN PROGRAM WITH RESOURCE CONNECTION FOLLOW UP
- PROVIDED COVID VACCINATIONS TO HOMEBOUND COMMUNITY MEMBERS
- VIAL OF LIFE PROGRAM STARTED ALLOWING COMMUNITY MEMBERS TO KEEP CONVENIENT HEALTH RECORDS FOR EMS AND FIRE
- RESPONDED TO BOLT CREEK WILDFIRE TO OBTAIN MEDICATIONS FOR ELDERLY VETERAN
- ACCESS RAMPS AWARDED TO FOUR COMMUNITY MEMBERS
- FIRE CODE LANGUAGE TO SUPPORT FALSE REPORTING OF 911
- MONTHLY MEETINGS WITH LONG TERM CARE FACILITIES TO REVIEW 911 CALLS
 - PRESENTED AT REGIONAL POLICY COMMITTEE WITH THRIVE STAFF AND CHIEF SHEPPARD
- MEMBER OF ELDER ABUSE COMMITTEE
- SUPPORTED HEALTH FAIR AT TRIOLOGY AND SNO-VALLEY SENIOR CENTER
- PARTNERED WITH COATS FOR KIDS PROGRAM. 144 COATS GIVEN TO KIDS
- 2 MIH MEMBERS (L. DOWNS AND J. MORAN) NAMED NAMI MENTAL HEALTH HEROES

- The MIH lead paramedic provided training to over 500 firefighters and paramedics on decisional capacity & mandatory reporting. This included responders throughout Redmond, Duvall, Fall City, Snoqualmie, Eastside Fire and Rescue, Kirkland, Leavenworth, and Tualatin Valley Fire and Rescue
- MIH staff shadowed Mobile Crisis Team to receive training at the Crisis Solution Center in Seattle. Redmond MIH providers rode with mental health professionals to better understand their role during a response and the services in which individuals with needs can be connected
- All new Redmond firefighters educated in how to make a referral to the MIH program and what services MIH can provide
 - Mental Health First Aid provided by Seattle Fire
- Co-response mental health provider and law enforcement co-response integration training
- Crisis and Commitment Involuntary Treatment Act (ITA) hosted by Washington State Patrol (WSP)
- Crisis Intervention training Fire/ EMS hosted by WSP
- 733 charts reviewed related to Community Health

444 Total training hours for all staff



COMMUNITY HEALTH CONTRACTS

- MIH continues to partner with Duvall Fire District 45 and the City of Snoqualmie
- MIH secured a contract for service with Fall City Fire District 27
- MIH partners with POCCAN for long term case management and a mental health professional

