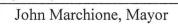


PROCLAMATION

- WHEREAS, behavioral health is an essential part of health and one's overall wellness; and
- **WHEREAS**, prevention of mental and substance use disorders works, treatment is effective, and people recover in the region and around the nation; and
- WHEREAS, preventing and overcoming mental and substance use disorders are essential to achieving healthy lifestyles, both physically and emotionally; and
- WHEREAS, it is important to encourage relatives and friends of people with mental and/or substance use disorders to implement preventive measures, recognize the signs of a problem, and guide those in need to appropriate treatment and recovery support services; and
- WHEREAS, an estimated 400,000 people in King County are affected by these conditions; and
- WHEREAS, to help more people achieve and sustain long-term recovery, the U.S. Department of Health and Human Services (HHS), the Substance Abuse and Mental Health Services Administration (SAMHSA), the White House Office of National Drug Control Policy (ONDCP), and the City of Redmond invite all members of the Redmond community to participate in National Recovery Month (September);
- NOW, THEREFORE, I, JOHN MARCHIONE, Mayor of the City of Redmond, do hereby proclaim September 2018 as

NATIONAL RECOVERY MONTH

in Redmond and call upon the people of Redmond to observe this month with appropriate programs, activities, and ceremonies to support this year's **Recovery Month** theme, "Join the Voices for Recovery: Invest in Health, Home, Purpose, and Community."



eptember 4, 2018