

## **OVERVIEW**

SCORE and its seven Member Cities comprised of Auburn, Burien, Des Moines, Federal Way, Renton, SeaTac, and Tukwila are committed to providing efficient and effective jail services.

SCORE has contracted with national and local community service providers who lead the industry in medical, mental health, and inmate services. Our service providers specialize in meeting specific needs of an incarcerated population. Inmates at SCORE have the opportunity to connect with more than fifty organizations in the region.

## INCLUDED SERVICES

### **Booking Services**

Booking including fingerprinting, medical screening, intake questionnaire, and securing of personal property.

#### In-Custody Escorts

Custody escorts inmates to video court hearings and medical appointments.

### Video Court

Video Court allows inmates to appear in court without being transported outside the facility. This reduces transportation costs and reduces the security risk associated with transporting inmates outside the secure facility. This service is available to all agencies except DOC and US Marshals.

### Medical Services

SCORE provides in-facility medical care commonly associated with corrections operations as guided by American Correctional Association or National Commission on Correctional Health Care.

### Court Borrows

SCORE facilitates access to inmates for multiple court appearances during an inmates' stay. Requesting agencies may be charged a fee.

### Specialized Housing

Dedicated living units specializing in:

- Mental Health
- Detoxification
- Medical Observation

### Hospital Security

Custody Escort in a hospital setting for a fee.

# SCORE SINGLE CARE PLAN

SCORE offers individualized care with a variety of on-site medical services in a secure setting. SCORE contracts with NaphCare, a national correctional medical service provider, to support a 24-Hour medical staff. Through NaphCare, SCORE has access to 24-hour on-call medical doctors or nurse practitioner and a 24-hour on-call mental health nurse practitioner.



"NaphCare exists to improve the lives of our patients by administering competent, caring healthcare solutions in an environment of respect and professionalism. We want to lead the correctional healthcare industry forward through the continuous development of our proactive, preventative approach to care delivery."

- NaphCare Mission Statement



# MEDICAL STAFFING OVERVIEW

- National Correctional Medical Service Provider
- 24/7 Nursing Care
- Health Services Administrator
- Director of Nursing
- Director of Mental Health
- Medical Doctor
- Medical ARNP
- Psychiatric ARNP
- (4) Masters level Mental Health Professionals
- Dentist
- Dental Assistant
- Sick Call Nurse
- Licensed Practical Nurses All shifts
- Registered Nurses All shifts

## **INITIAL ASSESSMENTS**

All inmates receive screenings at intake that include a receiving screening, health assessment, mental health screening, and Tuberculosis screening. All inmates receive each of these screenings before entering the general population. NaphCare utilizes an Electronic Health Records System (EHR), TechCare, which makes providing care more efficient.

## **DENTAL HEALTH**

Dental services are provided for all inmates. This service keeps costs down by not having to transport inmates to the dentist for routine dental care. SCORE also provides:

- Dental education video to all inmates (Produced by Highline College)
- Extractions if necessary
- Fillings temporary and permanent
- Annual cleaning for individuals staying over one year.

## **MEDICAL CLINIC - SICK CALL**

SCORE provides sick call services for further evaluation of inmates with non-emergent medical needs. Preventative treatment plans are also developed.

# X-RAY SERVICES

SCORE provides medical x-ray services to all inmates. This reduces transportation and security costs associated with outside medical trips to hospitals or clinics for for xrays. X-Rays are taken on site and evaluated by a technician contracted by SCORE's medical services provider.

# **FLU SHOTS**

Flu shots are provided for all chronic care inmates for the prevention of complications with illnesses. This is provided free of charge to all agencies and is covered by our medical provider contract. SCORE is the only facility to provide this for free.

## OXYGEN CAPABLE ROOMS

SCORE has designated four (4) Oxygen Capable Rooms in medical housing enabling inmates to be on continuous oxygen should their diagnosis require it.

## MEDICAL ISOLATION ROOMS

SCORE has designated five (5) isolation rooms in medical for inmates with contagious illnesses.





# **DETOX MONITORING**

NaphCare monitors all patients that test positive for drug and alcohol use. SCORE's medical service provider uses the following:

## Clinical Opiate Withdrawal Scale

 COWS (Opioids): Assessed by medical staff several times daily. Individuals will be housed in medical if medication detox protocols (Subutex) is initiated. Once stable they will return to general housing.

## Clinical Institute Withdrawal Assessment

- **CIWA A (Alcohol):** Medication provided for medically qualifying individual for advanced care for medical detox from alcohol for potential Delirium Tremens. Housed in medical for 72 hours.
- **CIWA B (Benzodiazepines):** Medication provided for medically qualifying individual for advanced care for medical detox from Benzodiazepines.

# MEDICATION ASSISTED TREATMENT PROGRAMS

## <u>Methadone</u>

- NaphCare provides treatment continuation for individuals enrolled in an outside Methadone program.
  SCORE averages approximately 15-20 inmates per day. Enrollment is confirmed by medical documentation brought in by the inmate or verification from medical staff.
- Courtesy dosing is provided by off-site contract service providers once medication is verified.
- Pregnant women who state or test positive for opioids have treatment initiated at SCORE and are enrolled with Swedish Ballard.
- SCORE has approximately an 86% success rate for pregnant women entering the treatment program and staying at least one week.
- Psychosocial and physical assessments are completed on-site and initial dose established at SCORE.

## **Buprenorphine**

- Monitored by NaphCare medical staff.
- Individuals with a COWS score of 9 or higher are initiated on a 5-day taper of Buprenorphine.
- Buprenorphine continuation is offered to those currently enrolled in an outside program.
- Treatment continuation is confirmed by medical documentation brought in by the inmate or by verification from medical staff.
- Treatment programs will be re-initiated if the individual has been enrolled in a community treatment program within the last 6 months.
- Inmate must be clean for 72 hours.
- Courtesy dosing is provided by onsite medical staff once medication is verified.

### <u>Vivitrol</u>

- NaphCare offers Vivitrol as a drug treatment option.
- First dose in-house by NaphCare. Must meet criteria for initiation. SCORE coordinates offsite provider appointment for subsequent dosing.
- Medication effective for approximately 30 days.
- Funded by Vivitrol manufacturer.

## Addiction Education

**Overdose Prevention Classes Include:** 

- Narcan as a preventative measure
- Treatment education
- Informational handouts on various programs



# SOUTH CORRECTIONAL ENTITY MENTAL HEALTH SERVICES

# MENTAL HEALTH SERVICES

SCORE offers a clinical and administrative mental health team that works closely with local mental health agencies to effectively manage inmates and plan for their care after release.

SCORE's mental health program is built on a foundation of quality staff that focus on:

- Proactive identification of persons with suicidal or behavioral health issues through comprehensive mental health screenings,
- Stabilization,
- Continued monitoring,
- Rapid crisis intervention,
- Effective programming,
- Constant, clear and effective communication with facility security leadership and staff, and
- Collaboration with community mental health providers at discharge.

SCORE medical services uses corrections-specific Electronic Health Records System (EHR), which allows providers to electronically flag an inmate's health record if his/ her responses during intake indicate the need for additional mental healthcare. This means that SCORE's health services staff can identify inmates with suicidal tendencies, as well as acute and chronic behavioral health issues rapidly.

Information entered in NaphCare's EHR System alerts the clinical staff to take action, such as:

- Contacting custody about an issue and/or
- Placing an inmate on suicide precautions and/or
- Assigning special housing

# MASTERS LEVEL MENTAL HEALTH SERVICES

- Mental Health Screenings
- Psychiatric Mental Health Nurse Practitioner (PMHNP) assessment for all diagnosis Mental Health (MH) patients, with continuation of medication.
- PMHNP Assessment for patient needing to be prescribed Mental Health Medication Initiation.
- SCORE offers these therapeutic groups in the Mental

Health Units: Dialectical Behavior Therapy, Seeking Safety and Aggression Replacement Therapy.

- All the Mental Health Professionals (MHPs) provide milieu groups in all 3 Mental Health Units, providing case management, release planning, and recreational activities.
- The Mental Health Director, working with SCORE and King County, has started a High Utilizer Group that includes community providers, first responders and hospitals.
- The team continues to work with any community provider that wants to engage with clients that are incarcerated at SCORE.
- Mental Health monitoring if needed.
- Suicide Watch monitoring in medical housing.

# **ON-SITE COMPENTENCY EVALUATIONS**

SCORE partners with Western State Hospital to provide a Forensic Psychologist on site to perform competency evaluations. SCORE's average wait time for evaluations is 3 days which significantly reduces the costs to all agencies by reducing length of stay thereby reducing billable days as a direct result. Other jails length of wait time for competency evaluations is often approximately 30 to 90 days.

## MENTAL HEALTH PARTNERSHIPS

Various mental health agencies access SCORE regularly to provide a wide variety of mental health services. SCORE provides case managers' access to their clients to continue the care or provide release planning while they are incarcerated.

These agencies provide access to inpatient/outpatient treatment and assist the inmates with navigating the healthcare system.

Two of the five managed care organizations provide release planning for their membership through one-on-one interviews, telephone, or video interviews.

Public Health - Seattle & King County Health Public Health Educators provides health education classes to the inmates on various topics.



# ON-SITE PATIENT REFERRALS, TREATMENT & CARE

- Sound Mental Health
- Valley Cities Counseling
- REACH Behavioral Health
- CReW Counseling, Recovery and Wellness Program
- Seattle Indian Health Board
- Cowlitz Indian Tribe Mental Health
- Muckleshoot Behavioral Health Program
- START Duel diagnosis/Case Management/Housing
- HEN Housing and Essential Needs
- LINC Mental Health Diversion
- Familiar Faces Continuing Care Services
- Evergreen Treatment Service Vivitrol, Methadone, Suboxone Treatment
- Criminal Justice Initiative Early Release to In-Patient Treatment

# OFF-SITE PATIENT REFERRALS, TREATMENT & CARE

- Swedish Ballard Treatment Center Opioid treatment for pregnant females
- Muckleshoot Child & Family Services
- NAVOS
- Transitional Resources
- Community Psychiatric Clinic
- DESC Behavioral Health
- Youth and Family Services
- Consejo Counseling
- Greater Lakes Mental Healthcare
- Northwest Psychiatry

# ADDITIONAL PROGRAM CONNECTIONS

- Rebuilding Hope Sexual Assault Center
- Lakeside Milam Treatment
- Lifelong Alliance HIV Management
- FISH Program Forensic Intensive Supported Housing
- EDIE Emergency Department Information Exchange -Cross Agency Continuation of Care
- United Health Care Women's Health Classes
- King County Public Health Family Planning
- Familiar Faces Continuity of Care

## INTEGRATED STATE PROGRAMS AT SCORE

- WA State DSHS Food Stamps/Housing Essential Needs
- DSHS AppleCare
- Western State Hospital Forensic Psychiatrist On-Site Competency Evaluations
- King County DCR Involuntary Hospitalization
- Department of Veterans Affairs State and Federal -Release Planning
- Department of Corrections Opioid Treatment and Diversion
- King County Mental Health BHO Continuity of Care
- King County Reentry Various Programs
- King County Crisis and Commitment Services Diversion & Release Planning

## **RELIGIOUS CONNECTIONS**

Various religious representatives access SCORE regularly and provide a variety of religious services.

### EDUCATION PARTNERSHIPS

- Highline College
- South Seattle College

## MEMBER— WA OPIOID TREATMENT NETWORK

SCORE is a sub-recipient of a \$7.6 million federal grant awarded to the WA Health Care Authority to provide Medication Assist-ed Treatment as part of the WA Opioid Treatment Network.

- SCORE MAT Program funding per year \$363,000
- Year 1 funding awarded (1/2019 to 9/29/2019)
- Year 2 funding pending (9/30/2019 to 9/29/2020)

## LIBRARY SYSTEM

SCORE offers a dedicated volunteer run library system with weekly book rotations and opportunities to make special requests.