Legislation Details (With Text)

File #:	AM No. 21-065		
Type:	Consent Item	**Status:**	Passed
File created:	4/6/2021	**In control:**	City Council
On agenda:	5/4/2021	**Final action:**	5/4/2021
Title:	Approval of the Police Department Wellness & Resiliency Coordinator Contract with inLife Clinic LLC, in an Amount Not-to-Exceed $75,000		
Sponsors:			
Indexes:			
Code sections:			
Attachments:	1. Agenda Memo, 2. Attachment A: Wellness Consultant Contract		

Date	Ver.	Action By	Action	Result
5/4/2021	2	City Council	approved	Pass
4/20/2021	1	Committee of the Whole - Public Safety	referred	

TO: Members of the City Council
FROM: Mayor Angela Birney
DEPARTMENT DIRECTOR CONTACT(S):

Police	Chief Darrell Lowe	425-556-2521

DEPARTMENT STAFF:

Police	Tim Gately	Captain

TITLE:
Approval of the Police Department Wellness & Resiliency Coordinator Contract with inLife Clinic LLC, in an Amount Not-to-Exceed $75,000

OVERVIEW STATEMENT:
Provides oversight of the Police Department's Peer Support Program, Public Safety Chaplaincy Program, and provides on-going educational activities in support of healthy personal and professional and family relationships.

☐ **Additional Background Information/Description of Proposal Attached**

REQUESTED ACTION:

☐ **Receive Information** ☐ **Provide Direction** ☒ **Approve**

REQUEST RATIONALE:

- **Relevant Plans/Policies:**
  N/A
- **Required:**
  N/A
- **Council Request:**
  N/A
- **Other Key Facts:**
  This program began in 2018 under Finance Agreement #8005-2 and has been extended each year. The new contract is a one-year contract with an option to renew for two additional one-year terms.

OUTCOMES:

The profession of Police Officer is stressful, and studies have shown that public safety employees may be susceptible to relationship challenges, unacceptable rates of divorce, low morale, suicide, and substance abuse. To assist officers in times of traumatic events the Redmond Police Department provides education, support, and opportunities to ensure the well-being of our employees. We contract with a mental health professional to oversee our current programs, enhance our efforts to help employees in their times of need and to ensure the long-term well-being of employees. We have a stake in promoting police officers' wellness, because it has a direct impact on officers' abilities to effectively serve their communities.

(Acquadro Maran D, Zedda M, Varetto A. Physical Practice and Wellness Courses Reduce Distress and Improve Wellbeing in Police Officers. *International Journal of Environmental Research and Public Health*. 2018; 15(4):578. <https://doi.org/10.3390/ijerph15040578>)

COMMUNITY/STAKEHOLDER OUTREACH AND INVOLVEMENT:

- **Timeline (previous or planned):**
  N/A
- **Outreach Methods and Results:**
  N/A
- **Feedback Summary:**
  N/A

BUDGET IMPACT:

Total Cost:
$75,000.00

Approved in current biennial budget: ☒ **Yes** ☐ **No** ☐ **N/A**

Budget Offer Number:
#226: Police Dispatch and Support

Budget Priority:
Safe and Resilient

Other budget impacts or additional costs: ☐ **Yes** ☒ **No** ☐ **N/A**
If yes, explain:

N/A

Funding source(s):
General Fund

Budget/Funding Constraints:
N/A

☐ **Additional budget details attached**

COUNCIL REVIEW:

Previous Contact(s)

Date	Meeting	Requested Action
4/13/21	Committee of the Whole - Public Safety	Provide Direction

Proposed Upcoming Contact(s)

Date	Meeting	Requested Action
N/A	None proposed at this time	N/A

Time Constraints:
Contract has expired and we are seeking to renew immediately.

ANTICIPATED RESULT IF NOT APPROVED:
The Police Department will have to consider other options as to providing Employee Wellness Services, Training, and Oversight of the Volunteer Chaplain Program.

ATTACHMENTS:
Attachment A: Wellness Consultant Contract